

Long-Term Follow-Up Guidelines for Survivors of Childhood, Adolescent, and Young Adult Cancers

Version 3.0 – October 2008



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重要:まず最初にお読みください。

The COG Leadership and the COG Long-Term Follow-Up Guidelines Core Committee have reviewed your request to translate the Children's Oncology Group's Long-Term Follow-Up Guidelines and Health Links into Japanese. We hereby grant permission to translate Version 3.0 of these documents. Please be aware that the content of these documents is time-sensitive, and we are granting permission for translation of Version 3.0 only. You should monitor the electronic posting of these documents (www-survivorshipguidelines.org) and contact us again when a new version is posted in order to obtain permission to update the Japanese translations to the newer versions as they become available. Please incorporate the following disclaimer into your translated materials:

"This text was adapted from the original (American) English language version of the Children's Oncology Group (COG) Long-Term Follow-Up Guidelines for Survivors of Childhood, Adolescent, and Young Adult Cancers, Version 3.0, and related Health Links, translated into Japanese with permission from the COG. Neither COG, nor its affiliated organizations, researchers, or other persons are responsible for translation errors or misinterpretations contained in any translated versions. Please note that any disclaimer contained in the original version is incorporated by reference into the translated versions referenced above. The original version of the COG Long-Term Follow-Up Guidelines for Survivors of Childhood, Adolescent, and Young Adult Cancers, and related Health Links can be downloaded at www-survivorshipguidelines.org."

We commend you on your efforts to disseminate information relevant to long-term follow-up in childhood cancer survivors to the JPLSG membership and send best wishes to you and your colleagues as you move forward with this work. If you have any questions, please do not hesitate to contact us.

Sincerely,

Smita Bhatia, MD, MPH on behalf of the COG Long-Term Follow-Up Guidelines Core Committee

Gregory H. Reaman, MD and Peter C. Adamson, MD on behalf of the COG Leadership

COG 長期フォローアップガイドライン

長期フォローアップガイドライン

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COG 長期フォローアップガイドラインに関する引用文献

ガイドライン

Children's Oncology Group. 小児期・思春期・若年成人期のがん経験者のための長期フォローアップガイドライン、Version 3. カリフォルニア州 Arcadia:COG;2008 年 10 月; ホームページ: WWW.survivorshipguidelines.org.

ガイドライン作成の方法論

Landier W, Bhatia S, Eshelman DA, Forte K J, Sweeney T, Hester AL, Darling J, Armstrong FD, Blatt J, Constine LS, Freeman Cr, Friedman DL, Green DM, Marina N, Meadows AT, Neglia JP, Oeffinger KC, Robinson LL, Ruccione KS, Sklar CA, Hudson MM, 小児がん経験者のためのリスクに基づいたガイドラインの開発:COG 晩期合併症委員会と COG 看護学部門による長期フォローアップガイドライン *J Clin Oncol* 2004; 22(24): 4979-90

Health Link の背景と活用方法

Eshelman D, Landier W, Sweeny T, Hester AL, Forte K, Darling J & Hudson MM, 小児がん経験者のケアの向上: 臨床における COG 長期フォローアップガイドラインと Health Links.の活用 *J.Pediatric Oncol Nurs* 2004; 21(5):271-280

小児期・思春期・若年成人期のがん経験者のための長期フォローアップガイドライン Version 3.0

発行: 2008年10月

背景: Version 2.0の改訂版

COG 長期フォローアップガイドライン策定コア委員会と18関連分野の専門家委員会による推奨を基にVersion 2.0を改訂した。

概要: がん治療終了後の晩期合併症に対して推奨される検査と対応を、受けた治療によるリスクに基づき提示した(“小児悪性腫瘍”は小児期、思春期および若年成人期に発症する悪性腫瘍と定義する)。追加資料の“Health Link”は、小児がん経験者のフォローアップ受診を促進させ、ガイドラインの利用を広めるものである。また詳細な説明、治療サマリー定型書式、放射線関連資料、受けた治療によって異なる治療起因の合併症に関して利用できる指針を探し出す手段も提示している。また本ガイドブックは、小児科、腫瘍科、内科、家庭医、産科など、各分野の医療従事者、そして医療以外の様々な領域での専門家にも非常に重要な情報源となる。このガイドラインの利用によって、小児がん経験者自身が自分に起こりうる晩期合併症は何であるかを把握すること、それによって彼らの生涯にわたる長期フォローアップ受診が促進され、標準化されることを目的としている。

入手方法: Version 3.0 of the Children’s Oncology Group Long-Term Follow-up Guidelines for Survivors of Childhood , Adolescent, and Young Adult Cancers, and related Health Links (www.survivorshipguidelines.org) にてガイドラインのすべてがダウンロードできる。

所有権に関する免責条項と注意書き

晩期合併症ガイドラインと Health Link 導入について:“小児期・思春期・若年成人期のがん経験者のための長期フォローアップガイドライン”と付属の“Health Link”は Children’s Oncology Group (COG) によって開発された。開発は COG 晩期合併症委員会と COG 看護学部門の協力で行われ、維持管理および更新は COG 長期フォローアップガイドライン策定コア委員会とこれに関連する特別専門委員会 (Task Force) が行っている。

情報提供のみを目的とする:全記載事項および一連の文書にある情報、内容は COG 策定によるがん治療起因の晩期合併症とそのケアに関連した内容であり、“小児期・思春期・若年成人期のがん経験者のための長期フォローアップガイドライン”、および“Health Link”と題されている。印刷物としてあるいは電子書式 (デジタル形式すべて、Eメールによる転送、またウェブサイトからのダウンロード) のいずれでも “情報資料” で参照できる。情報資料は全て情報提供のみを目的とするものであり、医師や医療従事者による医学的アドバイス、医学的対応、診断および治療の代替となるものではない。

患者各位 (患者が小児である場合はその親あるいは法的に認められている保護者): 医学的な疑問に関しては医師あるいは医療従事者のアドバイスを受けるようにし、情報資料だけで判断をしないこと。COG は研究機関であり、個別の医療ケアや治療は行わない。

医師およびそのほかの医療従事者各位: 情報資料は、臨床治療に関わる医師や医療従事者による臨床的判断、アドバイスに代わるものではなく、そのほかの合法的基準に沿った検査、健康相談、小児がん治療で発症する合併症への介入を妨げるものでもない。さらに根拠に基づいたそのほかのフォローアップ方法を妨げるものでもなく、小児がん経験者への支援として策定したものである。小児がん経験者の抱える問題評価の手段として唯一の指標となるものでもない。患者特有のケア手段の選択は、各患者・家族・そしてケアに当たる医療従事者が行うものであると認識している。

提示した検査、薬剤の製品、また医療処置は、情報資料によって保証されるものではなく、COG および連携団体や COG 会員によって保証されるものでもない。

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所有権: 情報資料はアメリカ合衆国および全世界の著作権法とそのほかの知的財産保護基本法に基づき擁護されている。COG は情報資料に関する著作権およびそのほかの権利、所有権、そして利益を所有し、全ての知的財産も法律によってその所有権を認められている。よって利用者は COG の利益を擁護するためにこれらの権利を認め、同意書や法的な文書への署名、また情報資料の普及、および複製・転載の場合、何らかの制約を受けることもあることを認めなければならない。

COG 長期フォローアップガイドライン

専門家委員会

“小児期・思春期、そして若年成人期のがん経験者のための長期フォローアップガイドライン version 3.0”の完成と包括的な校閲は、Children’s Oncology Group 長期フォローアップ(LTFU)ガイドライン策定コア委員会のうち以下のメンバーによるものである。

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COG 長期フォローアップガイドライン

特別専門委員会 メンバー 2006－2008 年

専門領域	特別専門委員	所属施設	専門分野
切断術／四肢温存	Thomas R.Baker, CP Laura Feldman, Patient Advocate Dominic Femino, MD Norman Jaffe, MD Anita MAjan, MD Victoria Marchese, PhD, PT* Rajaram Nagarajan, MD, MPH* Teresa Sweeney, RN,MSN, CPNP Mark Yeazel, MD *Co-Chair	CFI Prosthetics and Orthotics (補綴術と機能回復訓練の会社) Children's Oncology Group City of Hope National Medical Center M.D.Anderson Cancer Center M.D.Anderson Cancer Center St. Jude Children's Research Hospital Cincinnati Children's Hospital Medical Center St. Jude Children's Research Hospital University of Minnesota	補綴術 患者支援 整形外科学 小児腫瘍学 放射線腫瘍学 理学療法 小児腫瘍学 小児がん看護学 プライマリ・ケア
聴覚／聴力	Satkiran S. Grewal, MD* Cathy Hodge, Patient Advocate Wendy Lander, RN, MSN, CPNP MAryose McInerney, PhD, CCC-A Thomas Merchant, DO, PhD Rence F. REymond, MD Patricia Shearer, MD, MS* *Co-Chair	Baystaqte Medical Center Children's Oncology Group City of Hope National Medical Center Hackensack University Medical Center St. Jude Children's Research Hospital Ochsner Clinic University of Florida	小児腫瘍学 患者支援 小児がん看護学 聴覚医学 放射線腫瘍学 プライマリ・ケア 小児腫瘍学
がん検診	Louis S. Constine, MD Debra Friedman, MD, MS Melissa M. Hudson, MD Marilyn Leitch, MD Martin Mahoney, Md, PhD, FAAFP Kathleen Meeske, PhD, RN Ann Mertens, MD Monika Metzger, MD Kevin C. Oeffeinger, MD* Robert Smith, MD Octavio Zavala, Patient Advocate *Chair	University of Rochester Medical Center Vandervitt Children's Hospital St. Jude Children's Research Hospital University of Texas southwestern medical Center Roswell Park Cancer Institute Childrens Hospital Los Angels Emory University St. Jude Children's Research Hospital Memorial Sloan-Kettering Hospital American Cancer Society Childrens Hospital Los Angels	放射線腫瘍学 小児腫瘍学 小児腫瘍学 外科学 プライマリ・ケア 小児がん看護学 疫学 小児腫瘍学 プライマリ・ケア 臨床腫瘍学 患者支援
心臓血管学	M. Jacob Adams, MD, MPH Ming HUi Chen, MD, MMSc	University of Rochester Medical Center Brigham and Women's Hospital	疫学／患者支援 成人心臓学

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妊孕性／生殖能力	Sharon Abish, MD Jacqueline Casilas, MD Mishel L. Davis, CRA James Douglas, MD Fernando A. Ferrer, MD Daniel Green, MD Nobuko Hijiya, MD Wendy Hobbie, MSN, RN< CRNP Lisa Kenney, MD Marcia Leonard, RN, CPNP* Louis Leone, Patient Advocate Wendy Likes, DNSc, ARNP-BC Monika Metzger, MD* Marcie Well, MD *Co-Chair	McGill University Health Center UCLA School of Medicine Children's Medical Center of Dallas Children's Hospital and Regional Medical Center Connecticut Children's Medical Center St. Jude Children's Research Hospital Children's Memorial Medical Center at Chicago The Children's Hospital of Philadelphia Dana-Farber Cancer Institute C.S. Motto Children's Hospital Children's Oncology Group University of Tennessee St. Jude Children's Research Hospital Inova Fairfax Hospital	小児腫瘍学 小児腫瘍学 小児腫瘍学 放射線腫瘍学 泌尿器学 小児腫瘍学 小児腫瘍学 小児がん看護学 小児腫瘍学 小児がん看護学 患者支援 看護学 小児腫瘍学 小児腫瘍学
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神経認知／行動	F. Daniel Armstrong, PhD Pim Brouwers, PhD Kimberley Dilley, MD, MPH Robert Goldsby, MD Jeanne Harvey, RN, MSN, PNP	University of Miami School of Medicine National Institute of Mental Health Children's Memorial Hospital Chicago UCSF School of Medicine Washington University Medical Center	小児心理学 小児心理学 プライマリ・ケア 小児腫瘍学 小児がん看護学

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小児期・思春期、そして若年成人期のがん経験者のための COG 長期フォローアップガイドライン初期版 (Version 1.0, 1.1, 1.2) は以下の方々の協力を得て、COG 看護学部門と晩期合併症委員会が開発したものである。

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Special Acknowledgment:

With sincere appreciation to
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*for his in-depth expert review and
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